

Outline and structure of 3.5hr training

This training is being offered to staff whose positions mean they may receive disclosures of sexual violence from students. This training is designed to assist staff in their roles and is interactive and discussion based.

Learning Outcomes

- To understand what sexual violence is and how it might affect students
- To understand barriers to disclosure and the wider context of 'rape culture'
- To support students disclosing sexual violence with empathy
- To learn what support is available to students at Sussex (e.g.'care pathway') and to provide support accordingly
- To understand your role and responsibilities better and feel confident when responding to students

Max people per session: 12

The training is being devised, delivered and evaluated as part of the European-Commission funded project Universities Supporting Victims of Sexual Violence. This is a partnership of 13 institutions across 7 European countries all developing and evaluating training in their own contexts.

Slides	Section	Duration	Actual time
1-5	Intro & aims	15 mins	9.30
6-8	Introducing empathy	15 mins	9.45
9-11	SV definition	10 mins	9.55
12-14	SV prevalence	5 mins	10.05

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15-16	Rape culture	15 mins	10.10
17-23	Impact of SV	15 mins	10.25
23-27	Barriers to disclosure	30 mins	10.40
BREAK		10 mins	
28	SEEK	1 min	
29-30	SEEK – Safety	15 mins	11.50
31-34	Empathy	30 mins	12.10
35-37	Respond to crisis	25 mins	12.35
38	Empower	2 mins	12.40
39-41	Being Knowledgeable (pathway)	5 mins	
42-43	Self-care	5 mins	
44-45	Pledge and evaluation	10 mins	1pm

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