

Learning outcomes

Participants will be able to:

- Understand their role as a first responder to disclosure;
- Define sexual violence and understand the complexity of it;
- Recognise the different types of disclosure and the contexts for these;
- Respond to a disclosure in an appropriate way to ensure that the student feels supported at the point of disclosure;
- Make the student aware of the support available to them in the short, medium and longer term.
- Support the student in the decision-making process at the point of disclosure for accessing support.
- Initiate an appropriate care pathway to ensure that support is available to the student in the short, medium and longer term.

Session 1: Key Foci

- Explain the first responder role;
- Identify who might be a first responder and when;
- Define sexual violence;
- Understand existing perceptions of sexual violence;
- Understand disclosure;
- Respond to the disclosures from different people;
- Evaluate 'dos and don'ts' in response to disclosure.

Session 2: Key Foci

- State the skills required by the first responder;
 - Know the support services available to the student;
 - Respond effectively to disclosure signposting the student to the most appropriate services;
 - Understand the potential impact on the first responder of hearing a disclosure;
- **Know the support available to the first responder and the importance of this support.**

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